

Day 1

January 13



Pray | Ask God to make you aware of how Jesus views you

Good morning salty friends! What is meant by salty? In Matthew 5, Jesus tells us we are salt in our world. Salt was a valuable commodity in the ancient world—sometimes even being used as currency. It was also used to preserve food. Those who had access to salt and knew how to use it, developed their civilization faster. Lastly, did you know salt is essential for life? Salt's properties are needed for muscle function and are involved in the regulation of fluids in the body. (from Wikipedia)

Jesus calls you salt in the world. You are a valuable commodity. You preserve God's truth and are essential in our world.



Read | Luke 12:24, Matthew 5:13



Reflect | Spend some time reflecting on one or more of the following:

If you are not in a relationship with Jesus or feel far away, don't be afraid to approach him in prayer asking to come into a relationship.

Embrace the fact that Jesus finds you so valuable. Thank him for his unconditional love.

Will you ask the Lord to show you a specific way to take the truth of Jesus into the world today?

Day 2

January 14



Pray | Ask God to encourage and empower you to be light in the world

Imagine the darkest room you've been in. Now introduce a small light and see how the darkness dissipates. This is the spiritual darkness Jesus talks about in today's passage. He is concerned for those walking in darkness, and so he sends us! We are commissioned to get out in our dark world and be seen. "But I have nothing to offer," you might think. That's true! It is JESUS in us that has everything to offer. Go in His light today.



Read | Matthew 5:14-16



Reflect | Spend some time reflecting on one or more of the following:

What dark place are you going to today? Invite Jesus to empower you with himself as you go.

When someone notices a good "energy" about you, are you quick to give credit to the presence of Jesus and glorify him?

How hectic are things today? With Jesus working in you, you can do it with his light.

Day 3

January 15



Pray | Ask God to show you your uniqueness and then surrender it to his use

Did you ever wonder why something sweet like chocolate chip cookies has salt in it? What is the purpose of salt? What happens when we leave it out? Salt is an ENHANCER of flavors. It is no surprise, then, that Jesus would call us to be salt in our world. We are charged with the job of going out into a bland world with all that God has formed in us. We are each unique in talents, skills, and interests. As we go out in our spheres of influence, we are enhancing these areas with the taste of Jesus.



Read | Matthew 5:13, Psalm 107:2-3



Reflect | Spend some time reflecting on one or more of the following:

What is it about you that makes you unique? How will you use this today for God's glory?

Imagine a glass of water. Even a few grains of salt placed in it will change the composition. If you are shy or reticent, will you ask God for boldness to share your few grains of salt?

What detrimental discussions do you need to refrain from?

Day 4
January 16



Pray | That you would have a gentle and quiet spirit in sharing Jesus

Sailors have long depended on lighthouses set up on large cliffs to save them from destruction. Keepers were required to tend the light until the introduction of electricity and the Fresnel Lens. This lens is made up of a hundred magnifying glass lenses, but all have access to the original light.

We, too, corporately, can take our faith in Jesus (the focused “one” light) and refract and diffuse that light in our world. As one family of God, we take that light in the form of our kindness, everywhere we go. Our deeds, such as serving the poor, and our words can make a difference. Make sure you tell about Jesus, the source of the light within you.



Read | Matthew 5:14-16, 1 Peter 3:15



Reflect | Spend some time reflecting on one or more of the following:

In what circumstances are you hiding your light?

If you tend to be too bold and abrasive in sharing Jesus, how will you temper that?

With whom is God wanting you to share Jesus? How will you do it?

Day 5

January 17



Pray | Ask Jesus to open your mind or the mind of a friend to accept him

“In Him was life, and that life was the light of all mankind.” Jesus is the source of the light we are to carry into our world. As believers, we don’t have to muster a shiny personality or pretend to have something brilliant within us. When we are “in Him”, we are given a new life and the light of Jesus within us. What does it mean to be “in Him”? It is a simple act of surrendering your ways, your will, your past, and acknowledging your need for Jesus. It’s an act of humility, but also an act of believing he will come and accept you. If this is a new concept to you, please spend some time asking your questions of a leader in our church. Today can be the day you step from the darkness of rebellion into the light of a relationship with Jesus.



Read | Matthew 5:14, John 1:1-5



Reflect | Spend some time reflecting on one or more of the following:

How would you explain the light of Jesus to a co-worker?

Is there something in your life that is standing in the way of Jesus’ light? If so, would you spend some time confessing it today?

Who can you talk to about your desire to accept new life in Jesus?

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