

5. How do you see the Holy Spirit interacting with the other three components of transformation?

6. Read and reflect on Galatians 5:22-23. Paul tells us that these “fruits” are a result; not of our own work, but of the work of the spirit. How can you apply this to your narrative of God, and your experience of the Holy Spirit’s work in your life?

7. What can you do at this time in your life to grow closer to Christ?

**Good and Beautiful Life**

“Recognizing our need for a Good and Beautiful God”

Matthew 11:28-30

**How Do We Prepare Ourselves for Transformation**

1. \_\_\_\_\_ our narrative of who God is

- Four Types of Narratives
  - \_\_\_\_\_ narratives
  - \_\_\_\_\_ narratives
  - \_\_\_\_\_ narratives
  - \_\_\_\_\_ narratives

“With a rightfully restored narrative of who God is, we can come to know and fall in love with the God that Jesus knows.” - James Bryan Smith

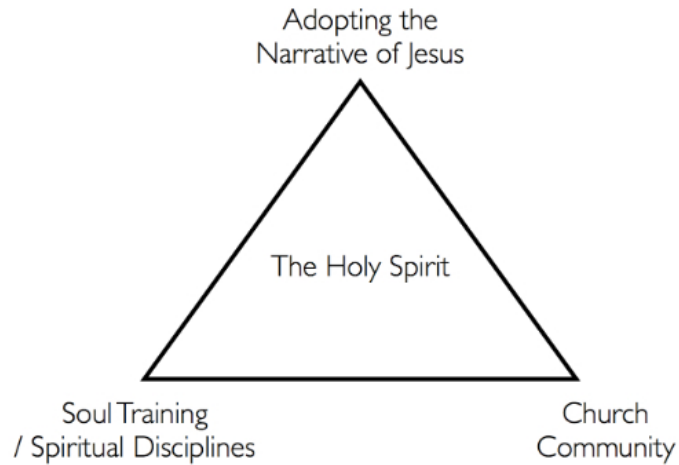
2. \_\_\_\_\_ our need for soul-training exercises

- Soul-training exercises are \_\_\_\_\_ practices that train and transform our \_\_\_\_\_.
- Rhythms of life that help us experience the power of \_\_\_\_\_.

### 3. \_\_\_\_\_ in Church Community

- A place where we are \_\_\_\_\_ of the bigger story we are living in.
- A place where we activate our learning and living as \_\_\_\_\_.
- Rescues us from the \_\_\_\_\_ of individualism.

### 4. \_\_\_\_\_ on the work of the Holy Spirit



- We can experience \_\_\_\_\_ when the Holy Spirit is at work.

### Helpful Resources

The Good and Beautiful God - James Bryan Smith

The Good and Beautiful Life - James Bryan Smith

### **Personal Reflection & Small Group Questions**

Please complete this study on your own, then bring it to your small group for discussion.

1. Looking back over your notes from this week's sermon, what particularly caught your attention, challenged, or confused you?
2. What narratives have formed your way of thinking about God, yourself, and the world?
3. Have you practiced soul-training exercises (such as prayer, bible reading, or solitude) in your life, and if so, with what intention and what result?
4. What has been your experience of Christian fellowship or community? Has it been easy, hard, life-giving, regular, non-existent?