

5. The author of Hebrews encourages his readers (and us) to be content and continually reminds them that they are on a journey and that they have dual citizenship. What do you learn about how that journey, dual citizenship, and contentment are connected from the following passages?

Hebrew 13: ⁵ Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you."

Hebrews 11: ¹⁶ Instead, they were longing for a better country—a heavenly one. Therefore God is not ashamed to be called their God, for he has prepared a city for them.

Hebrews 12: ²² But you have come to Mount Zion, to the city of the living God, the heavenly Jerusalem.

Hebrews 12: ²⁸ Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe.

Hebrews 13: ¹⁴ ...we are looking for the city that is to come.

6. How are you tempted to lose contentment in times of plenty?

7. How does investing in God's mission fuel our contentment?

Learning Contentment in a Discontented World - Part 4

"How to Learn Contentment"

Philippians 4:10-13

1. Just say _____.

"The heart of the matter is that when we ourselves determine what will satisfy, we don't pursue what brings true satisfaction. The broken compass within us always leads to the dumpster rather than the five-star restaurant." (Erik Raymond)

Luke 9: ²³ Then he said to them all: "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me."

"Be MY disciple" isn't about ownership, it's about _____.

"Follow me" means be my student, follow my example, I'm your _____.

"You have to decide what your highest priorities are and have the courage...to say 'no' to other things. And the way you do that is by having a bigger 'yes' burning inside." (Stephen Covey)

The gospel underscores that we can't _____ say "no." We are not even able to say "no" enough. Our "no" follows the bigger yes of a transforming relationship with Jesus.

2. Go for all the _____.

Times of plenty...

- Personal _____
- Restlessness for _____
- Coldness toward the _____

We find ourselves going for _____ glories.

1 Corinthians 10: ³¹ So whether you eat or drink or whatever you do, do it all for the glory of God.

Philippians 1:12-18

When we are caught up in pursuing God's glory we don't get all caught up in lesser _____.

3. Practice _____ discontent.

Are Paul's hopes and ambitions fulfilled in _____?

Philippians 1: ²¹ For to me, to live is Christ and to die is gain.

As dual citizens we're invested in God's kingdom now by _____ people, serving God's mission, and by being generous with our time, our energy, our stuff, and our money for God's purposes.

Personal Reflection & Small Group Questions

Please complete this study on your own, then bring it to your small group for discussion.

1. Looking back over your notes from this week's sermon, what particularly caught your attention, challenged, or confused you?
2. What was one of your favorite toys or a toy you felt just had to have when you were a young child?
3. Read Luke 9:23-26. What are the costs and the benefits/rewards of following Jesus according to this passage?
4. How can we cultivate and live in greater awareness of the bigger "yes" of following Jesus in our daily lives?

A helpful resource for going deeper on your own in this series is [Chasing Contentment](#) by Erik Raymond.